

## FACT NEWS FOR JUNE

I see where a number of you swam in Ocala at their Long Course meet May 17th and did well. Glad to hear that the meet was improved and good times were had by all. The Villages group was well represented – geographically close to them.

The Bumpy Jones meet in Sarasota was lots of fun as usual and after a cancellation on Friday for lightning storms, the rest of the meet was storm free. Our group numbered 15 and had 7 winning relays. We were short of men – happens too often – this time because of injuries just before the weekend of the event. Milan Kutanovski and Bill Cleary had to scratch. Take care of yourselves when you're on dry land!!! We had some super fast swims – notably Barbara McNulty was ½ a pool ahead in the 200 butterfly – I believe with a 3:16.98!!! Pretty speedy!

Next up is the St Pete Masters LCM Championships on July 11-12. Hope we'll see a good group there. Remember the 1500 is limited to 4 heats – don't put off your entries as it usually fills up early. On line entries are due July 7<sup>th</sup>; paper entries July 2. I understand their new locker rooms are really great. Anxious to see!!!

Good news on the recovering Betty Lorenzi!! She is back swimming at least 5 days a week and will be back in Wisconsin by the end of the month. She's planning on the Rowdy Gaines Meet in October – a remarkable recovery from her fractured C1, a lot due to the physical shape swimming keeps us in!! Sylvia Eisele is back in Canada and they performed an ablation on her today which was successful. Hopefully this will help her recover from her heart problems she experienced in March.

Barbara McNulty, Deb Howard and I have entered the Long Course Nationals in Geneva, Ohio, August 6 – 9th – Deb is my daughter from Syracuse. Back in the water after 30 years!! I hope we'll have more FACT entries before registration closes on July 6<sup>th</sup>. The roster is on the USMS website under National Championships. The facilities are indoor and beautiful. We've planned on a side trip to Cleveland to the Rock and Roll Hall of Fame – a fun place to visit.

Remember the Long Course Postal 5 and 10k until September 15 – let me know if you swim one of these. Also, keep in the mind the fall season and the Rowdy Gaines meet. We always have a good turnout and lots of fun.

Enjoy the summer!!